

Careers Advice at The Linden Education Centre is delivered by Quest Career Consultants

Where & when to find us



Nikki Coleman, Careers Adviser from Quest Career Consultants is available in school every Monday and every other Wednesday. You can contact her for information: nikki@questcareerconsultants.org.uk



How can careers advice help?



Advisers can help with...

- Discussing your career ideas
- Guidance on choosing your GCSE options
- Finding out about college courses
- Exploring university opportunities
- Learning about apprenticeships
- Help with job hunting

...But can't

- Provide instant information on everything
- Encourage unrealistic ideas or ambitions
- Tell you what to do with your life!

If you have not already had a careers appointment in year 11 you are entitled to have one, you can request a meeting...

- through: Sharon, your tutor, or by speaking to Nikki in school
- by emailing Nikki at:

nikki@questcareerconsultants.org.uk (in school Every Monday and every other Wednesday)

In order to secure yourself a place at college you should have your application form completed and submitted by the time that you break up for Christmas. Nikki can support you with this in school.

Year 11 – What are your options?



You need to remain in some kind of education until you are 18. This does not mean that you have to go to college full time, you could consider following an apprenticeship programme that allows you to earn and learn at the same time.

The 3 main routes to qualifications are:

A Levels - Entry requirements are: 5x A*-C grades at GCSE (a B or higher is required in some subjects). 3-4 subjects are studied over 2 yrs

Btec, vocational subjects - Several levels available so entry requirements vary Usually one 'industry area' is studied e.g. Hairdressing, Mechanics, I.T

Apprenticeship - Several levels are available so entry requirements vary Involves learning the skills for one job in particular

During the spring and summer terms some year 10 students will be booked in for a careers appointment, if you are in year 10 and would like to have an appointment this year please get in touch:

- through: Sharon, your tutor, or by speaking with Nikki in
- by emailing Nikki at:

nikki@questcareerconsultants.org.uk (in school every Monday and every other Wednesday)

Confused about choosing your GCSE options?

Nikki can help you look at the options available. Ask your tutor if you would like some support with this.

See the next pages for some good and bad reasons to pick a subject.....

How to choose a subject

Do choose a subject because:

- You are interested in the subject and think you would enjoy learning about it
- It is relevant to your career ideas (if you have any - don't worry if you don't!)
- It will keep a broad range of options open to you
- You are doing well in the subject
- Your teachers think it is a suitable choice
- You like the way it is assessed
- It will combine well with other subjects and help your general education



How to choose a subject

...Don't choose a subject because:

- Your friends are picking it (this doesn't mean that *you* will enjoy it too!)
- You like the teacher (your favourite teacher might leave!)
- You think you *should* do it even though you don't want to
- Your parents think you should take it but it doesn't interest you
- You know someone who has done it and they say it was great (everyone's different!)
- It's thought of as a 'cool' subject by most people
- You think it will be easy
- It sounds good but you haven't really found out about it



Useful websites



www.nationalcareersservice.direct.gov.uk

www.icould.com

www.plotr.co.uk

www.allaboutcareers.com

www.apprenticeships.org.uk

www.notgoingtouni.co.uk

www.ucas.com

